All can recover at home, except:

- Partially vaccinated or unvaccinated persons aged 50 and above
- Vaccinated persons aged 80 and above
- Children below 1 year old
- Children aged 1 to 4 who are clinically unsuitable for HR

1. Isolate in a room
2. Get Isolation Order and instructions via SMS
3. Register household members* as close contacts Submit their ART results within 24 hours at go.gov.sg/agsubmit
4. HR Buddy will guide your HR journey Those who need more help e.g. seniors living alone can call HR buddy at 6874 4939
5. Monitor your temperature, pulse rate and oxygen saturation daily
6. Call your telemedicine provider if unwell e.g. fever, cough, sore throat (go.gov.sg/telemedicineproviders)
7. Automatically discharge at the end of isolation period You will also get a memo via SMS

* Living in the same house

More information at: covid.gov.sg