COVID-19
(Coronavirus Disease 2019)

If you have **mild flu-like symptoms like**
- Cough
- Runny nose
- Sore throat
- Fever

**SEE A DOCTOR**
- Don’t go to work or school
- Avoid crowds
- Stay at home
- Don’t doctor-hop

You can go to Public Health Preparedness Clinics and polyclinics. Singaporeans and PRs receive subsidised treatments.

Check [www.phpc.gov.sg](http://www.phpc.gov.sg)

Look out for this logo

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**LET’S ALL DO OUR PART**
Practise 7 habits of good public hygiene to keep Singapore clean

- Wash your hands frequently with soap
- Monitor your temperature twice daily
- Use tissue paper when sneezing or coughing
- Bin litter and used tissue
- Return tray and keep table clean
- Keep toilet clean and dry
- Keep your surroundings clean, well-ventilated and pest-free

Comply with Home Quarantine Orders and Stay-Home Notices and stay at your designated locations

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Do not spread rumours.
Get the latest updates on COVID-19 by signing up for the Gov.sg WhatsApp channel ([www.go.gov.sg/whatsapp](http://www.go.gov.sg/whatsapp)) or at the MOH website ([www.moh.gov.sg](http://www.moh.gov.sg))

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