

**NEW NORMAL**

# SAFE VISITING



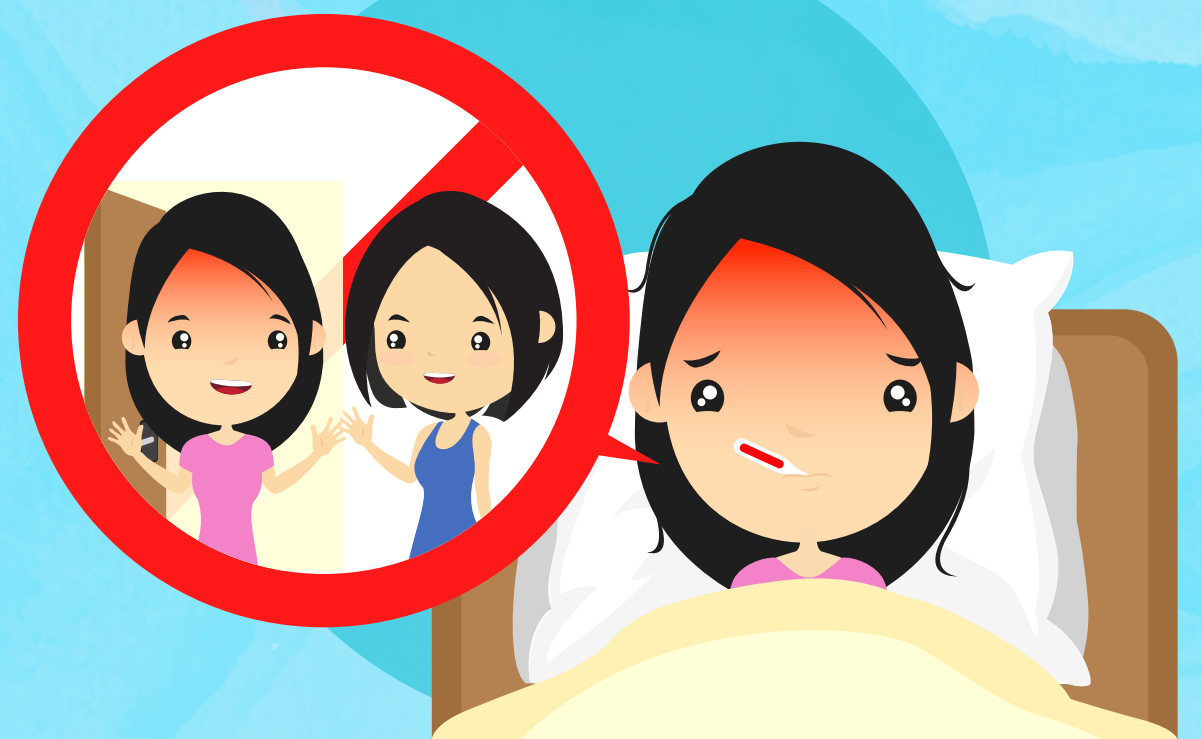
**Meet online  
where possible**



**Visit only regular  
close contacts**



**DON'T host or attend  
multiple gatherings  
within a day**



**DON'T visit or  
host others if you're sick**

**Use TraceTogether App or Token**



TraceTogether

## If you are sick



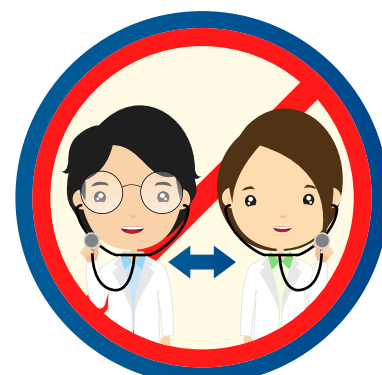
**Wear a  
surgical mask**



**See a doctor**



**Stay at home**



**DON'T  
doctor-hop**

**See a doctor early  
if you have mild  
flu-like symptoms**



## **Do not spread rumours**

Get the latest on COVID-19 by signing up for the Gov.sg WhatsApp channel ([www.go.gov.sg/whatsapp](https://www.go.gov.sg/whatsapp)). The service is available in English, Chinese, Malay and Tamil.

