



**Get vaccinated when it is offered to you.**

When you receive notification from MOH :

- 1** Register at [vaccine.gov.sg](https://vaccine.gov.sg), or get help at the nearest Community Centre/Club.
- 2** On vaccination day, wear short-sleeved, or loose clothes. Bring your NRIC/FIN.
- 3** Get your 1st vaccine dose. Return to the same centre for your 2nd dose.

**Even with vaccination, you should**

- Wear a mask when outside your home and use the TraceTogether app/token
  - Practise safe distancing and good hygiene
  - See a doctor if unwell and stay at home
- Let's keep vigilant and be socially responsible.



For more information, visit [vaccine.gov.sg](https://vaccine.gov.sg), or call 1800-333-9999.

SINGAPORE'S COVID-19 VACCINATION PROGRAMME

# PROTECT YOURSELF AND YOUR LOVED ONES





# WHY vaccinate?

There is a risk of serious illness and death from COVID-19, especially among the elderly and vulnerable groups.

## Vaccination can

- Prevent disease and minimise transmission
- Enable us to resume more activities safely
- Prevent our healthcare system from being overwhelmed

**To protect yourself and your loved ones, including those who cannot be vaccinated due to medical reasons, you are strongly encouraged to be vaccinated.**



The more of us are vaccinated, the harder it will be for the virus to spread, and

**the safer we will all be as a society.**

- Prime Minister Lee Hsien Loong

# CAN I be vaccinated?

Vaccination is encouraged for everyone, except the following:

- Pregnant women<sup>^</sup>
- Children under the age of 16<sup>^</sup>
- Severely immuno-compromised persons
- Those with a history of anaphylaxis or severe allergic reactions

If you have chronic illnesses such as hypertension and diabetes, you should take the vaccine to protect yourself and your loved ones.

If you are being treated for other medical conditions and are unsure if you can be vaccinated, consult your doctor.

<sup>^</sup>Until more data is available

## WHEN can I be vaccinated?

Singaporeans and long-term residents will be invited progressively to be vaccinated, for free.

You will be notified by MOH to make an appointment.

Healthcare workers and vulnerable groups will be given priority for vaccination.





## The vaccination **IS SAFE**

All COVID-19 vaccines approved for use in Singapore have been thoroughly reviewed by the Health Sciences Authority and the Expert Committee on COVID-19 Vaccination. They meet high safety and efficacy standards.



# Are there **SIDE EFFECTS?** post-vaccination

Side effects like muscle ache, headache and fever are common.

These are signs that your body is building immunity against COVID-19 and will usually resolve within a few days.

In very rare cases, the vaccine can cause anaphylaxis or a severe allergic reaction.

Symptoms include:

- difficulty breathing
- swelling of your face, throat, eyes or lips
- fast heartbeat
- dizziness and weakness
- a bad rash

After being vaccinated, you will be observed for 30 minutes so that **any severe allergic reaction can be treated promptly.**